

Pretzels and Prayer

A Holy Week Emilie Fellowship Event

Sunday, March 28, 2021
5:00pm on Zoom
Meeting ID: 880 2129 2642
Passcode: pretzel



Join your Emilie family on Palm Sunday for a fun night of fellowship. We will be making pretzels and learning about prayer as we begin Holy Week. Please gather the following list of supplies to make your pretzels. Have them on hand when you log in on Sunday night to join the fun! If you need assistance getting the ingredients, or have questions, please contact Ann Ermer or the church office.

Ingredients:

- 1 ½ cups lukewarm water
- 1 package (2 ¼ tsp) yeast
- 4 cups all purpose flour, divided
(GF flour if needed)
- 1 Tablespoon sugar
- 2 teaspoon salt
- 1 egg
- 1 Tablespoon water
- ½ cup coarse salt

Equipment:

- Mixing bowls (2 large, 1 small)
- Wooden Spoon
- Liquid measuring cup
- Measuring cups (1 cup & ⅓ cup)
- Measuring spoons (2: 1 Tablespoons, 1 teaspoon)
- Parchment paper or cooking spray
- Fork or small whisk and pastry brush
- Cookie sheet
- Clean surface to knead dough
- Oven

If you need to call in instead of using the app, please use the following information:

Phone Number: 1 929 205 6099
Meeting ID: 880 2129 2642
Passcode: 7715525

Recipe:

1. In the large mixing bowl, place the lukewarm water and pour in the yeast. Let mixture sit for about 5 minutes until bubbly.
2. In the small mixing bowl combine 3 cups of flour, sugar, and salt. Add to the yeast mixture once the 5 minutes is complete. Stir until the ingredients are blended and form a ball.
3. Place the dough on a lightly floured board or tabletop.
4. Dust your hands with flour and begin kneading the dough. Slowly knead in the fourth cup of flour. After about 5 minutes the dough should be smooth and not sticky. It is ready when it is no longer sticky!
5. Pull the dough into 16 pieces. Roll each into a long snake about ½-inch thick and 15" long. Shape pretzel into a loop, crossing the ends and fastening the ends to opposite side of the loop - the image of arms at prayer.
6. Preheat the oven to 425 Place pretzels on cookie sheets covered with parchment paper (or lightly sprayed), allowing several inches of space between each pretzel.
7. In the small bowl gently beat the egg and combine with 1 Tbsp water. Paint the mixture on each pretzel and sprinkle with coarse salt.
8. Bake the pretzels for 20 minutes. Remove from the oven and cool.

HOLY WEEK PRAYERS

During Holy Week we look at Jesus' last week here on earth as we move toward the miracle of Easter. To help prepare our hearts, we can read the scripture for each day and pray using the prayer prompt listed.

MONDAY
MARCH 29, 2021

Bible Verse – Psalm 51:10
Prayer – Create in me a clean heart, oh God. Make my spirit right with you. Forgive me of my sins and fill me with your joy.

WEDNESDAY
MARCH 21, 2021

Bible Verse – Matthew 18:20
Prayer – Lord, be with our church family. Help us feel united by the Spirit and strengthened by your love.

GOOD FRIDAY
APRIL 2, 2021

Bible Verse – John 15:13
Prayer – Thank you Jesus, for loving me enough to sacrifice your life for me. I rejoice that you call me friend.

PALM SUNDAY
MARCH 28, 2021

Bible Verse – Psalm 98:4
Prayer – Lord, I sing praises to your great name. You deserve my worship. I lift joyful noises to you, the King of my life.

TUESDAY
MARCH 30, 2021

Bible Verse – Micah 6:8
Prayer – Jesus, guide me to practice justice, be kind, and have a good relationship with you.

MAUNDY THURSDAY
APRIL 1, 2021

Bible Verse-1Corinthians11:25
Prayer – Jesus, help me to remember your great love often and know that I am chosen by you.

HOLY SATURDAY
APRIL 3, 2021

Bible Verse– Ephesians 5:1-2
Prayer – I am so grateful to be your beloved child. Help me to imitate your love.